



# Methodist Rehabilitation Center

## SCI Education Series

### Sexuality after SCI: Online Resources

#### **American Rehabilitation Magazine**

See the article Sexuality and Spinal Cord Injury at  
<http://www2.ed.gov/pubs/AmericanRehab/spring97/sp9707.html>

The main website is <http://www.ed.gov/pubs/AmericanRehab/index.html>

#### **Christopher and Dana Reeve Foundation**

**There is a wealth of information about a number of topics related to SCI. Check out the Fact Sheets from A to Z. These are downloadable in PDF Format**

See the sections on Sex and Pregnancy for Females and the Sexuality for Males

[http://www.christopherreeve.org/site/c.mtKZKgMWKwG/b.5041181/k.C489/Fact\\_Sheets\\_A\\_to\\_Z.htm#B](http://www.christopherreeve.org/site/c.mtKZKgMWKwG/b.5041181/k.C489/Fact_Sheets_A_to_Z.htm#B)

The main website is <http://www.christopherreeve.org>

#### **National Spinal Cord Injury Association**

The NSCIA has an A-Z Index of Resource Topics. Each topic has links to a variety of sites with information.

See the section on Sexuality. <http://spinalcord.org/resources/>

The main website is <http://www.spinalcord.org>

## **New Mobility**

See the following articles:

**First Times** at <http://www.newmobility.com/articleView.cfm?id=332>

**Sexual Turning Points** at <http://newmobility.com/articleView.cfm?id=4>

**How Sexy is Your Brain?** at <http://www.newmobility.com/articleView.cfm?id=1253>

The main website is <http://www.newmobility.com>

## **Northwest Regional Spinal Cord Injury System**

Online Information at this site is maintained by the Rehabilitation Medicine department of the University of Washington.

There have been a number of SCI Forums is on the topic.

### **Dating and Relationships after SCI**

<http://sci.washington.edu/info/forums/reports/dating.asp>

### **Women and SCI, Health and Wellness: Opportunities and Challenges**

[http://sci.washington.edu/info/forums/reports/women\\_sci.asp](http://sci.washington.edu/info/forums/reports/women_sci.asp)

### **Fertility and Parenting**

[http://sci.washington.edu/info/forums/reports/fertility\\_parenting.asp](http://sci.washington.edu/info/forums/reports/fertility_parenting.asp)

### **Sexuality and Relationships**

[http://sci.washington.edu/info/forums/reports/sex\\_relations.asp](http://sci.washington.edu/info/forums/reports/sex_relations.asp)

### **Sexuality and Dating**

[http://sci.washington.edu/info/forums/reports/sex\\_dating.asp](http://sci.washington.edu/info/forums/reports/sex_dating.asp)

### **Parenting**

<http://sci.washington.edu/info/forums/reports/parenting.asp>

### **Sexuality and Dating**

[http://sci.washington.edu/info/forums/reports/sex\\_dating01.asp](http://sci.washington.edu/info/forums/reports/sex_dating01.asp)

The main website is <http://sci.washington.edu>

## **Paraplegia News from PVA.org**

See the following articles:

### **Sexuality & SCI: How Men Can Be Better Lovers**

<http://www.pvamagazines.com/pnnews/magazine/article.php?art=365>

### **The New Female Sexuality: Part 1**

<http://www.pvamagazines.com/pnnews/magazine/article.php?art=691>

### **The New Female Sexuality: Part 2**

<http://www.pvamagazines.com/pnnews/magazine/article.php?art=6783>

The main website is <http://www.pvamagazines.com>

## **Regional Spinal Cord Center of the Delaware Valley**

The Spinal Cord Injury Patient - Family Teaching Manual is a very informative resource about the issues involved with spinal cord injury.

This Manual has over 20 chapters that are downloadable in PDF format.

Chapter 17 deals with Sexuality <http://www.spinalcordcenter.org/manual/pdf-files/scibook-chp17.pdf>

The Table of Contents for the Manual is available at:

<http://www.spinalcordcenter.org/manual/index.html>

The main site is <http://www.spinalcordcenter.org>

## **Rehab Institute of Chicago**

Spinal Cord Injury: Sexuality at

<http://lifecenter.ric.org/index.php?tray=content&tid=top163&cid=2560#pagetop>

The main site is <http://lifecenter.ric.org/>

## **SCI-Info-Pages**

An informative resource about a spinal cord injury or other disabling injuries or diseases of the spine.

Sexuality Fact Sheet at <http://www.sci-info-pages.com/factsheets.html#Factsheet%20#3>:

The main site is <http://www.sci-info-pages.com>

## **Spinal Cord Injury Information Network at UAB**

This site is maintained by the UAB Model Spinal Cord Injury Center and offers educational and research information relevant to persons with SCI, their families, and others of interest.

A video on Sexuality & Sexual Function (59 minutes) may be downloaded or streamed from:

<http://www.spinalcord.uab.edu/show.asp?durki=97417>

A web page with information on Male Sexuality may be seen :

<http://www.spinalcord.uab.edu/show.asp?durki=22534>

Research Update: A Multi-Center Study on Women's Self-Reported Reproductive Health Following SCI - Part 2 here:

<http://www.spinalcord.uab.edu/show.asp?durki=32073&site=1021&return=21720>

A Sexual Function for Men with Spinal Cord Injury InfoSheet may be seen or downloaded from:

<http://www.spinalcord.uab.edu/show.asp?durki=34814&site=1021&return=21479>

A Pregnancy for Women with SCI InfoSheet may be seen or downloaded from:

<http://www.spinalcord.uab.edu/show.asp?durki=56785&site=1021&return=214790>

A Sexuality for Women with Spinal Cord Injury InfoSheet may be seen or downloaded here:

<http://www.spinalcord.uab.edu/show.asp?durki=51288&site=1021&return=21479>

The main site is <http://www.spinalcord.uab.edu/>

## **Spinal Injury Network**

Information on Sexuality

<http://www.spinal-injury.net/sexuality-spinal-cord-injury.htm/>

The main site is <http://www.spinal-injury.net/>

## **Spinal Cord Injury Manual for Patients and Families**

Informative manual from the PoinTIS Web site provided by the Louis Calder Memorial Library of the University of Miami School of Medicine.

See the section on Sexuality Issues at

<http://calder.med.miami.edu/pointis/sexuality.html>

The main site is <http://calder.med.miami.edu>